



King County

Weyerhaeuser King County Aquatic Center
650 SW Campus Drive, Federal Way, Washington 98023-8425
Seattle (206) 296-4444 Tacoma (253) 927-5173
Visit our website at metrokc.gov/parks

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PUBLIC PROGRAMS

- Scheduled Recreational and Lap Swims
- Senior Citizen Programs
- Swimming Lessons (Tots, Preschool, Youth, Adult)
- Water Exercise
- Pool Party Rentals
- American Red Cross Safety Courses
- Special Community Events
- Regional Training Center for Competitive Aquatic Sports
- Banquet Hall Rentals

UPCOMING EVENTS

- Apr 22-23 Stingray Long Course Medal Mania
- May 6-7 May Flowers Swimming Invitational
- May 19-21 Pacific Coast Swimming Invitational
- June 3-4 WA Special Olympics Swim/Dive Champs
- June 10 King County Parks Aquatics Skillbuilder
- June 10 Soroptimist Internat'l of Federal Way Flag Day Ceremony
- June 16-18 Pacific Rim Swimming Classic
- June 23-July 1 US Synchronized Swimming Age Group Champs

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Aquatic Center**
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www.metrokc.gov/parks



King County

Spring Schedule
April 17 - June 25, 2006
Seattle (206) 296-4444
Tacoma (253) 927-5173

Recreation Pool

Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00am-9:00	Maintenance	Adult/Senior Swim	Maintenance	Adult/Senior Swim	Maintenance	Special Events and Activities	Special Events and Activities
9:00-10:00	Low Impact Exercise	Maintenance	Low Impact Exercise	Maintenance	Low Impact Exercise		
10:00-11:30	Lessons	Lessons	Lessons	Lessons	Maintenance		
11:30-12:30	Family Swim **	Family Swim **	Family Swim **	Family Swim **	Family Swim **	11:30-1:30 Public Swim *	11:30-1:30 Public Swim *
12:30-1:30	Adult/Sr Lap	Adult/Sr Lap	Adult/Sr Lap	Adult/Sr Lap	Adult/Sr Lap	1:30- Rentals	1:30- Rentals
4:30-7:30	Lessons	Lessons	Lessons	Lessons	until-7:00 Rentals		
7:30-8:30	Public Swim *	Public Swim *	Public Swim *	Public Swim *	Public Swim *		

* Children younger than 6 years old must each be supervised in the water by an adult within arm's reach at all times
** During Family Swims, all children must be accompanied in the water by an adult (one adult per three children)

SWIMMING LESSONS
Morning Sessions (1/2 hr, 10:00-11:30am, Mon/Wed & Tues/Thurs)
Evening Lessons (1/2 hr, 4:30-7:30pm, MW's or TTh's)

Monday & Wednesdays
April 17-May 17 (10 lessons)
May 22-June 21 (9 lessons) No class May 29

Tuesday & Thursdays
April 18-May 18 (10 lessons)
May 23-June 22 (10 lessons)

CANCELED SWIMS
April 15, June 3-4, June 10, June 24-July 2, July 4 (open til 3:30pm)

TELEPHONE RELAY SERVICE: 711



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Spring Schedule
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Competition Pool

Hours	Monday	Tuesday	Wednesday	Thursday	Friday
5:30am-8:00	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*
11:30-1:30pm	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*
4:00-6:30	Team Training	Team Training	Team Training	Team Training	Team Training
6:30-8:00	Team Training	Team Training	Team Training	Team Training	Team Training
8:00-10:00	Water Polo Teams	Water Polo Teams	Water Polo Teams	Water Polo Teams	Water Polo Teams

* To maximize use of the facility, lap swims are scheduled during some team training times. Lanes for lap swimmers may be limited. The competition pool will be at 50 meters and ranges in depth from 9 to 10.5 feet. It is intended for lap swimming only. The starting blocks are closed to lap swimmers. Entry into the water must be done in a careful, feet-first manner only. Circle swimming is required in lanes with 3 or more lap swimmers. Participants may be asked to pass a 25-yard swim test to be allowed to swim in the competition pool.

CANCELED SWIMS:

April 22-23 11:30-1:30
April 29 11:30-1:30
May 6-7 11:30-1:30
May 13 11:30-1:30
May 19 1:30-on
May 20-21 11:30-1:30
May 29 OPEN!!
June 3-4 11:30-1:30
June 10 11:30-1:30
June 16 7:00am-on
June 17-18 11:30-1:30
June 23-July 2 all day
July 4 Closed 1:30-on

EVENTS:

Stingray Long Course Medal Mania
April Pools Activity Swim (no lap swim)
May Flowers Swimming Invitational
Pacific Northwest Swimposium Swim Camp
Pacific Coast Swimming Invitational
Pacific Coast Swimming Invitational
Washington State Special Olympics Swim/Dive Champs
KCP Aquatics Skill Builder
Pacific Rim Swimming Classic
Pacific Rim Swimming Classic
US Synchronized Swimming Age Group Champs
Holiday



King County

2006 POOL FEES

LESSONS

Swimming lessons for all abilities are available for students year-round from ages 6 months through senior citizens. Pre-tests are held free of charge to determine proper class level placement. Specialty courses are offered including: CPR, First Aid, Lifeguard Training and Water Safety Instructor training. Private and semi-private lessons are offered on a very limited basis. Please call for the class schedule and registration information.

GENERAL ADMISSION (Tax Included)

Recreation Pool:		Competition Pool:	
Rec Pool Family Swim**		Comp Pool Lap Swim	\$5.00
All participants	\$3.25	Sr Citizen (62+) & People w/ Disabilities	\$3.50
Public Swim*			
Children, Adults & Sr Citizens	\$3.25		
People w/ Disabilities	\$2.50		
Rec Pool Adult & Senior Lap Swim			
Adult	\$5.00	Low Impact Water Exercise (Rec Pool)	
Sr Citizen (62+) & Disabled	\$3.50	Adult	\$6.25 - 10-visit Card \$61.50
Shower	\$3.25	Sr Citizen (62+)	\$4.75 - 10-visit Card \$42.00

* Each child younger than 6 yrs old must each be accompanied in the water by an adult
** All children must be accompanied in the water by an adult during Family Swims (one adult per three children)

RENTALS

Great for birthday parties, private groups and business meetings. Scheduled during non-program hours.

Rec Pool, 1-25 people	\$100.00/hour	Party Room Rental	\$37.00/hour
Rec Pool, 26-60 people	\$130.00/hour	Lobby Rental	\$85.00/hour
			+ staffing & deposits

POOL PASSES

Save money while you swim! Swim at least three times per week to save money. Passes make great gifts.

Type	3 Months	1 Year
Youth (1 year-17 years)	\$107.25+tax	\$312.00+tax
Adult	\$156.75+tax	\$456.00+tax
Family	\$275.00+tax	\$624.00+tax
Senior Citizen (62+)	\$107.50+tax	\$273.00+tax
Disabled	\$ 82.50+tax	\$260.00+tax

GIFTCERTIFICATES

Give the gift of health! Good for any programs.

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